



E-mail: democratic.services@wokingham.gov.uk

To:- All Committee Members

HEALTH OVERVIEW AND SCRUTINY COMMITTEE - TUESDAY, 19TH JULY, 2022

I am now able to enclose, for consideration at the next Tuesday, 19th July, 2022 meeting of the Health Overview and Scrutiny Committee, the following reports that were marked as 'to follow' on the agenda sent out recently.

Agenda No	Item
------------------	-------------

9.	<u>Health and Wellbeing Strategy (Pages 3 - 16)</u>
----	--

To receive an update on the Health and Wellbeing Strategy.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Susan Parsonage'.

Susan Parsonage
Chief Executive

This page is intentionally left blank

Wokingham Borough Health and Wellbeing Strategy - Strategy into Action

3

HOSC update – July 2022

Purpose

This presentation provides a summary of the context, development and implementation of Wokingham's Health and Wellbeing Strategy – Strategy into Action.

The report also provides an overview of the governance and reporting structures set up to support delivery, and how the strategy engages with and compliments the wider Berkshire West and ICP systems.

Health and Wellbeing is Everybody's Business

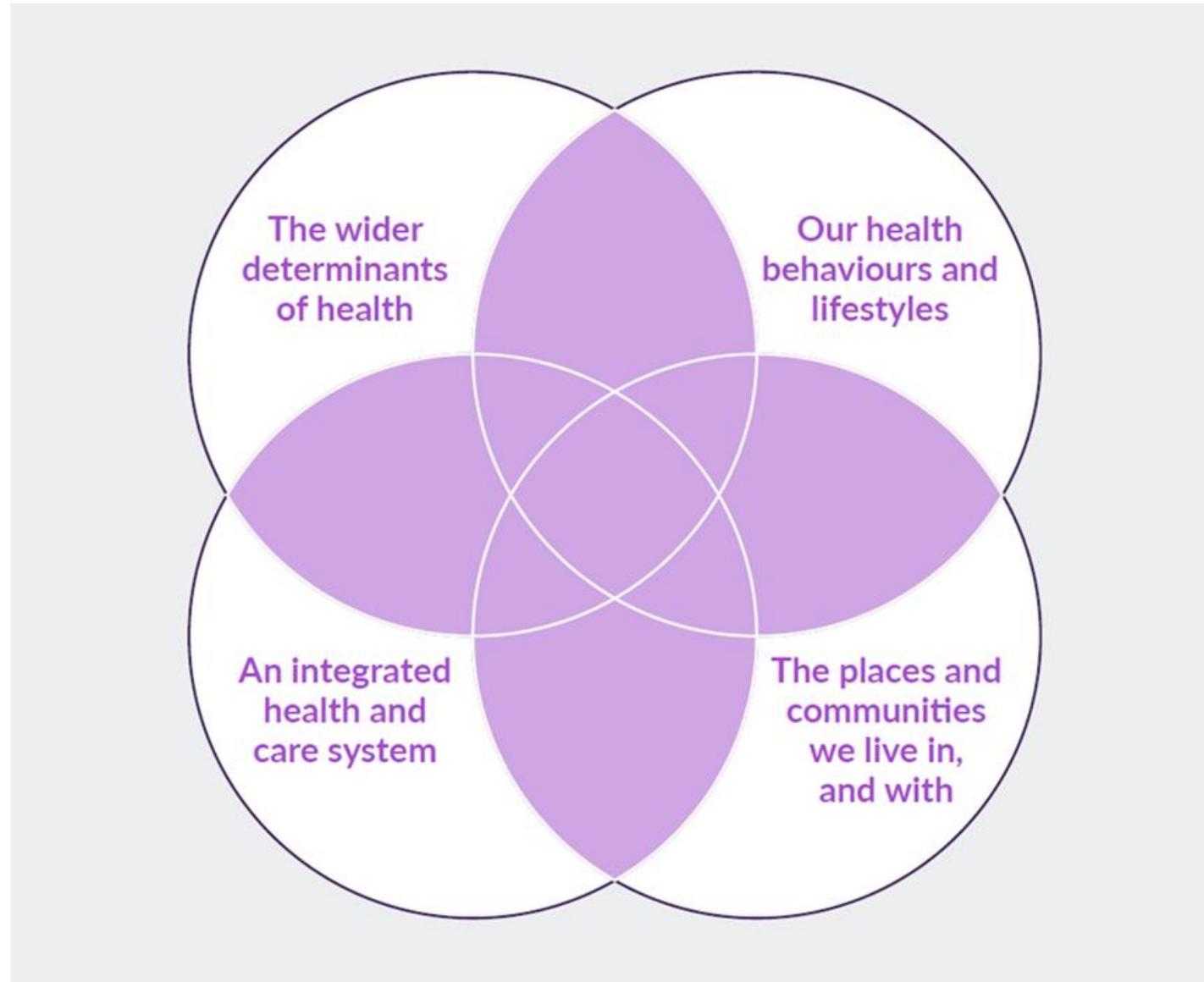
5

- “An approach to public policies across sectors that systematically takes into account the health implications of decisions, seeks synergies, and avoids harmful health impacts in order to improve population health and health equity.”

WHO, 2013

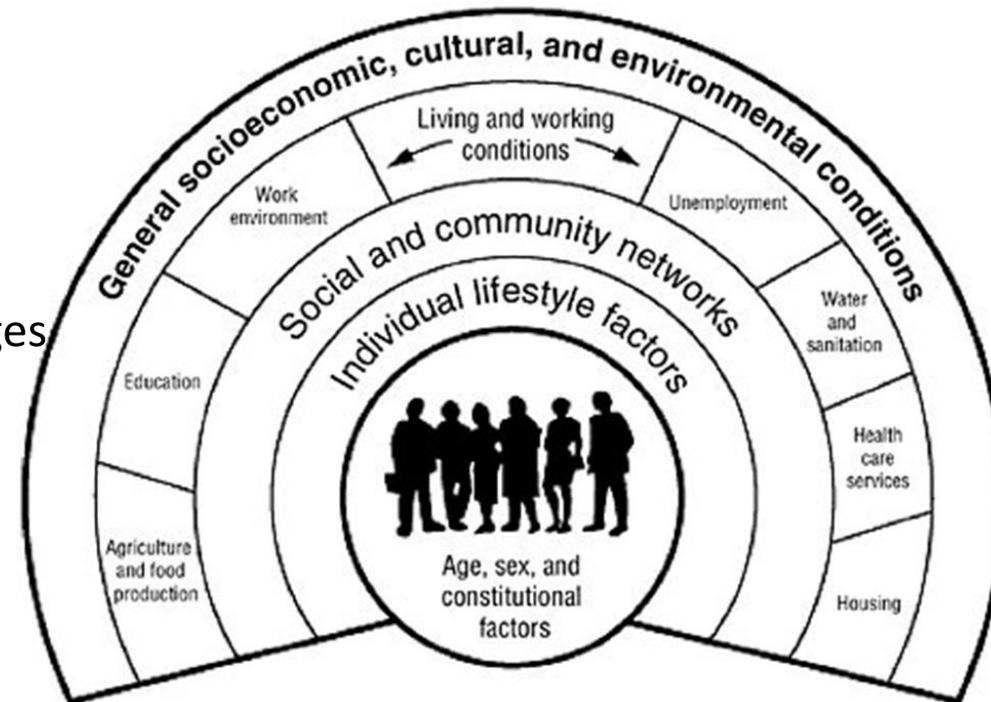


Health and Wellbeing is Everybody's Business



Social determinants of health

- Health and health inequalities are largely determined by living conditions and wider social, economic, environmental, cultural and political factors
- Many of our 21st century challenges such as obesity, mental wellbeing and climate change involve multiple interacting causal factors and lack a clear linear solution



- Dahlgren and Whitehead (1991)

Broader context of the Health and Wellbeing Strategy

Integrated care systems (ICSs)

Key planning and partnership bodies from July 2022

NHS England

Performance manages and supports the NHS bodies working with and through the ICS

Care Quality Commission

Independently reviews and rates the ICS

Statutory ICS

Integrated care board (ICB)

Membership: independent chair; non-executive directors; members selected from nominations made by NHS trusts/foundation trusts, local authorities, general practice; an individual with expertise and knowledge of mental illness

Role: allocates NHS budget and commissions services; produces five-year system plan for health services

Integrated care partnership (ICP)

Membership: representatives from local authorities, ICB, Healthwatch and other partners

Role: planning to meet wider health, public health and social care needs; develops and leads integrated care strategy but does not commission services

Cross-body membership, influence and alignment

Influence

Influence

Partnership and delivery structures

Geographical footprint

System

Usually covers a population of 1-2 million

Place

Usually covers a population of 250-500,000

Neighbourhood

Usually covers a population of 30-50,000

Name

Provider collaboratives

Participating organisations

NHS trusts (including acute, specialist and mental health) and as appropriate voluntary, community and social enterprise (VCSE) organisations and the independent sector; can also operate at place level

Health and wellbeing boards

ICS, Healthwatch, local authorities, and wider membership as appropriate; can also operate at system level

Place-based partnerships

Can include ICB members, local authorities, VCSE organisations, NHS trusts (including acute, mental health and community services), Healthwatch and primary care

Primary care networks

General practice, community pharmacy, dentistry, opticians

∞

Wokingham Strategy into Action (SiA)

Guided by the overarching principles of the Berkshire West Health & Wellbeing Strategy, the Wokingham Strategy into Action (SiA) determines the priorities for focus within the Borough to improve resident health and wellbeing.

While a shared vision and objectives across Berkshire West is a powerful vehicle to start the journey of improving population health, actions and interventions need to be locality specific to address the needs of different communities and populations, reflecting the local challenges that exist.

To this end a range of workshops, one for each of the five priorities within the Berkshire West Strategy, brought together local stakeholders to further explore health inequalities within Wokingham and the specific local priorities that would drive work to improve the health and wellbeing of residents.

In addition to the five priorities identified in the Berkshire West strategy, improving the physical activity levels of residents was deemed a key priority for the Wokingham Wellbeing Board. Thus, promoting physically active communities is included as a cross-cutting theme in Strategy into Action

Strategy into action priorities



Reduce the differences in health between different groups of people

Cardiovascular disease
Cancer
Covid recovery



Support individuals at high risk of bad health outcomes to live healthy lives

People with learning disabilities
Unpaid carers
Youth offenders
Substance misuse
Domestic abuse



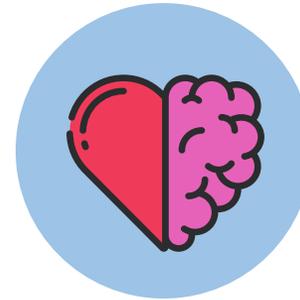
Help children and families in early years

SEND and Inclusion
Early intervention and prevention
Safeguarding



Good mental health and wellbeing for all children and young people

Reduce waiting times
Prevention and Early Help
Covid Recovery



Good mental health and wellbeing for all adults

Loneliness and Social Isolation
Covid-19 Recovery
Dementia



Creating physically active communities

Children, young people, and families
Minority groups
Covid-19 Recovery

Mapping SiA priorities to action groups

The SiA priorities have been mapped to relevant action/partnership groups, who in turn developed detailed action plans setting out the interventions required to improve health and wellbeing across the borough.

Each action/partnership group is responsible for delivery of their action plan and for reporting progress to the newly established SiA Steering Group, who provide operational oversight of SiA delivery on behalf of the Wellbeing Board.

Strategy into action priorities and lead groups

Partnerships/Action Groups:

Children & Young People Partnership Board

Community Safety Partnership

Wokingham Integrated Partnership

12

Learning Disabilities Partnership Board

Carers Strategy Action Group

WBC Dementia Partnership

Loneliness and Social Isolation Action Group

Physically Active Communities

SiA Priorities

Help children and families in early years, Good mental health and wellbeing for all children and young people

Substance misuse, domestic abuse and youth offending

Cross-cutting

People with learning disabilities

Unpaid carers

Dementia

Loneliness and social isolation, Covid recovery

Cross-cutting

14 Governance and reporting

Each action/partnership group presents a quarterly report into the Steering Group to demonstrate progress against their SiA action plan.

Four boards report in to each bi-monthly steering group meeting

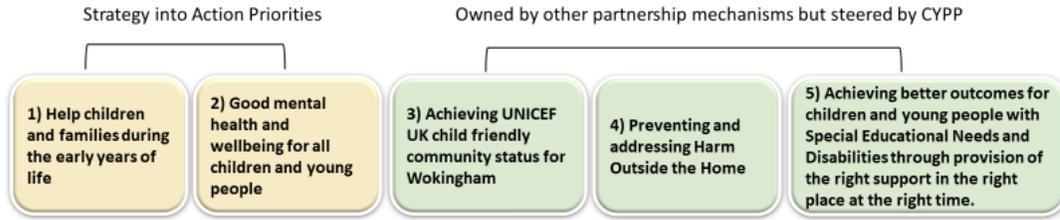
Reports to include (for example):

- Key interventions and any related delivery/implementation milestones
- Small number of headline KPI that provide a snapshot of performance/delivery
- Any risk/issues for escalation
- General commentary on delivery/progress, i.e. what is working well, what requires attention

Example reporting

Children and Young People's Partnership – July Update

In April 2022, the partners have committed to working together on the following priorities:



These priorities form the initial focus of the partnership following the review of its remit, with the recognition that the partnership must remain responsive to emerging need in determining its programme of work.

Four **key enablers** have been identified as essential prerequisites for the success of the partnership:

- A strategic partnership approach to early intervention and prevention
- Effective
- A thriving
- Effective

Community Safety Partnership July Update – Substance Misuse

Progress

- ✓ Commissioned service provider has issued over 500 naloxone kits to service users, partner agencies and residents.
- ✓ Delivered drug awareness workshops to over 800 students across the borough.
- ✓ Supported over 500 adults and 91 young people with substance use issues.
- ✓ Supported 90 family members around their loved one's substance use.
- ✓ Established a well-attended service user forum to help shape the delivery of the service moving forward, feedback already being incorporated into service delivery.
- ✓ Implemented colocation facility with Sexual Health Clinic and from Station Rd and drop-in surgery at Wokingham hospital.
- ✓ Establishment of an on-site hepatitis C treatment clinic resulting in 100% of clients referred to treatment completing treatment for hepatitis C.

Next Steps

- ☐ Refreshed Wokingham Substance Misuse Strategy and Action Plan agreed by partners.
- ☐ To undertake a review of comorbidities and other health and wellbeing outcomes in substance misusers and their families.
- ☐ 'From Harm to Hope' – the governments 10 year drugs strategy.

Wokingham Dementia Partnership (WDP)

The Wokingham Dementia Partnership is the body through which planning for support and services for people with Dementia, and their carers and families

Background

Dementia is a particular concern for the 1 in 4 people aged over 55 who already have a close relative with dementia and some 1,250 people are living with dementia in Wokingham. Although the prevalence increases with age, (Incidence **doubles every 5 years** from 65).. It is not inevitable and there is a lot that can be done to reduce chances of developing it. Risk factors include, smoking, alcohol, higher blood pressure / CVD, decreased mental stimulation / exercise. Within Wokingham, 61% of care home residents are known to have cognitive problems, and the number of emergency admissions related to dementia is higher in Wokingham when compared with the national average.

2022/23 Objectives:

- Commission improved support for individuals living with dementia, and their carers.
- Create a Wokingham Dementia Partnership (WDP) and foster a Dementia Friendly Wokingham.
- To assess the immediate gaps in support for those with or affected by dementia, exacerbated Covid-19 pandemic.
- To create a partnership between the WDP and the existing Wokingham Dementia

How the WDP will deliver on the Strategy into Action priorities

Priority – Promote good mental and wellbeing for all adults, including dementia

- Support individuals living with dementia, and their carers
- Raise awareness of dementia across society and creating a Dementia Friendly Wokingham

22/23 PA work programme summary

Objective	Actions
Creating physically active communities and facilitating physical activity to improve health outcomes, irrespective of whether individuals achieve weight loss.	<ul style="list-style-type: none"> • Support the adoption of a systems approach to physical activity across Berkshire West. • Supporting adults and children getting active for 30 minutes + per week. • Promote and engage internal offers for WBC staff to support a healthy workforce. • (Training) GBA to deliver the Active Medicine Programme training for WBC staff, HCP's, and Frontline Workers. • Group to co-produce a communications plan to enable partners to promote local offers and best practice.
Promoting physical activity among target groups to reduce the risk of long-term conditions.	<ul style="list-style-type: none"> • Deliver and monitor Sports & Leisure Services to target groups including through GP referral: (SHINE, CVD rehab, Cancer rehab, falls prevention, DE, LD etc.). • Public health to undertake scoping activity to identify innovative ways to offer a tier 2 /healthy weight programme that would target key population groups locally • PA Group to actively promote the tackling inequalities funding opportunities available for local community groups
Facilitating healthy choices for families and children; encouraging physical activity, reducing sedentary behaviour, and promoting healthy behaviours.	<ul style="list-style-type: none"> • To support schools to prioritise the delivery of 60 active minutes per day to every KS2 pupil • co-produce the local Healthy Schools offer including connecting schools and physical activity. • New Wokingham Active Kids camps (Power) delivered at Loddon • Supporting disadvantaged children to access physical activity (Free holiday swimming for children on pupil premium, programme of sporting activities to Tenant Supervision Children's Services) • Promote Starting Life Well funding for local clubs and community groups to deliver projects designed to encourage 5-18yr olds to be more active

Private: Information that contains a small amount of sensitive data which is essential to communicate with an individual but doesn't require to be sent via secure methods.

Private: Information that contains a small amount of sensitive data which is essential to communicate with an individual but doesn't require to be sent via secure methods.

This page is intentionally left blank